

**Physical Education (K-12)**  
**Meredith College**  
(for plans of study written after July 1, 2010)

<b>Competency</b>		<b>Course Prefix &amp; Number</b>	<b>Course Title</b>	<b>Course Offerings</b>
Two to three semester hours are required to fulfill each of the following competencies unless otherwise noted.				
B	Kinesiology, Fundamental Motor Skills & Movement Forms	ESS 482	Kinesiology	
		ESS 255	Life Span Motor Development	
C	Anatomy or Physiology	BIO 322	Human Anatomy and Physiology and Lab	

Posted: June 18, 2013  
Revised: Spring 2013

**Course Offering Codes:**

F=Fall, S=Spring, SS=Summer Session, UD=Upon Demand  
e=even years, o=odd years, ^=online

Course typically offered **on campus** if shaded.

**Notes:**

- These are typical course offering schedules. Courses are not guaranteed to be offered at these times.
- Please check with the college/university for course availability each semester.
- Some courses require prerequisites be met prior to registration. An asterisk (\*) denotes a prerequisite course.
- For more information from this institution, click here, [www.meredith.edu](http://www.meredith.edu)